

# **Shudokan Aikido Association**

## *Children's Test Requirements*

### **Orange belt / 10-A / 20 hours**

shomenuchi ikkyo - omote  
katadori nikyo-omote  
shomenuchi iriminage - omote  
suwariwaza kokyuhō

### **Orange belt with a stripe / 10-B / 20 hours**

kosadori iriminage - omote  
katatetori kokyunage - omote (back projection)  
shomenuchi/tsuki irimi ushiro ate  
katatetori tsuki iriminage

### **Red belt / 9-A / 30 hours**

morotetori kokyū hō - omote  
ryotetori tenshinage - omote  
katatetori sumiotoshi -omote  
tsuki iriminage  
suwari waza shomenuchi ikkyo - omote

### **Red belt with a stripe / 9-B / 30 hours**

katatetori kotegaeshi - ura  
katatetori kaitenage soto- omote  
katatetori shihonage - o/u  
ushiro ryo katadori ikkyo - omote  
suwari waza shomenuchi iriminage

### **Green belt / 8-A / 35 hours**

katatetori ikkyo - o/u  
yokomenuchi iriminage - o/u  
mae gaeri kokyunage  
ushiro ryo tekubitori ikkyo - omote  
ushiro ryo tekubitori nikyo - omote  
suwariwaza katadori nikyo - omote

### **Green belt with a stripe / 8-B / 40 hours**

tsuki kotegaeshi - ura  
yokomenuchi shihonage - o/u  
shomenuchi sankyo o/u  
ushiro ryo tekubitori kokyunage (front projection)  
suwari waza shomenuchi sankyo

### **Blue belt / 8-C / 40 hours**

shomenuchi yonkyo o/u  
morotetori kokyunage (forward projection)  
ryotetori kokyunage (back)  
tsuki kaitenage – omote  
suwari waza shomenuchi yonkyo - o/u  
niningake - 2 attackers

### **Blue belt with stripe / 7-A / 45 hours**

katamenuchi ikkyo - omote  
katamenuchi nikyo - ura  
katatetori kaitenage uchi o/u  
shomenuchi gokyo - omote  
suwari waza shomenuchi gokyo - omote  
futarigake – 3 attackers

### **Brown belt / 7- B / 45 hours**

tsuki hiji nage  
yokomenuchi kotegaeshi  
shomenuchi koshinage-2 ways  
ushiro ryo tekubitori jujunage  
hamni handachi katatetori shihonage – omote  
taninzugake- 4 attackers

### **Brown belt with a stripe / 7-C / 45 hours**

kubishime koshinage  
ushiro ryo tekubitori sankyo o/u  
ushiro ryo tekubitori kotegaeshi  
hamni handachi ryotetori shihonage o/u  
yokomenuchi gokyo – omote  
suwari waza shomenuchi gokyo  
taninzugake- 5 attackers

### **Shodan ho – Black belt trainee / 50 hours**

Examiner will choose techniques from all levels